

## **A Light Meditation for Mother Earth**

*Partnering with other Light beings to  
bring healing Light to the planet*

by Bryan James

As we face difficult challenges throughout the planet of various complexities, such as war, pollution (and other environmental travesties), starvation and disease epidemics, it's become even more important that we do our part as Lightworkers to maximize the level of positive Light output to Mother Earth. This includes the multitude of living beings that live here, including trees, plants, animals, etc.

Supporting Mother Earth and her inhabitants requires more than just our involvement in food drives, recycling and political activism (not to minimize these efforts at all). She also needs our help through focused and committed Light work. In fact, one of the reasons we are here at this time in history is to make sure the planet successfully transitions to a time of peace, joy and prosperity for all.

Until that day occurs, we can fulfill that purpose by helping send positive, healing energy to the planet and all its inhabitants. With many Lightworkers sending the unlimited power and might of universal Light energy around the planet, we can make a huge difference in how life on this planet evolves over the next few years. We can greatly and miraculously impact the vibrational frequency of the planet, raising it to a level whereby these conditions of war, poverty and disease (darkness) can no longer coexist with love and Light. With love and Light, we will prevail!

I believe that there is no more grander effort we can make that could bring such miraculous results for the world. There are few spiritual activities that are this easy to apply, and yet have such a powerful result. And this is another excellent way to get our children involved in supporting the planet and ushering in a new world.

Some people have asked me, "How do I know the Light is going where I intended to send it?" and "How do I know this can make a difference? I'm just one person, and this planet is a lot of area to cover!"

The answer to the first question is that we all have an ample team of invisible Light beings working with us, including our angels, teachers and guides. They not only want and encourage our involvement, but they are more than happy to work side-by-side with us to ensure the planet receives the Light we send.

And how can we be sure that we're not just wasting our time and that we're making a difference for the planet? As I designed and worked with this particular meditation, I was soon visited on a nightly basis by beings representing various aspects of the planetary consciousness.

They would usually visit between 1:00 and 3:00 a.m., appearing in a hologram. And they all thanked and acknowledged me for the work I was doing, and left me with the impression that what we were doing was working!

One evening an eagle came to me and soon after a large bear showed up. A few days later, two fish appeared, followed by two lobsters the next night. The following night a dog appeared (a terrier I think). A whole group of tiny beings visited me the next night, each with a luminous glow, and I saw fairies, devas, and various elementals.

And the very next evening, two beings dressed in gold outfits (similar to space suits) and headgear appeared. They were humanoid, but not from Earth, and I would consider them neither friend nor foe. They were wondering where all the Light was coming from, because apparently all of the Light we were generating during my global-wide meditations was showing up on their 'radar.' They even looked a little confused as to how I was generating so much Light. Well, it wasn't just me doing the Light work. It was all these other beings as well.

### **Partnering with all forces of Light**

This meditation requires a full array of Light power. We will call on Archangels Michael, Gabriel, Uriel and Raphael for support along with their many legions of angels who work with the Christ Light. Besides the angelic hosts, we will need our spiritual teachers and guides, and the great master beings of Light from throughout the Universe. These include the Ascended Masters, the great councils of Light, and even those friendly beings from other planets that observe events on our planet from close range.

We will also want to include those who work behind the scenes on a continuous basis, but who make a very real difference in our welfare. They may not interfere with the affairs of our planet, but they keep us Lightworkers in the game!

Some of these dwell on other planets and some live beneath the Earth in underground caverns. My children and I have had many experiences with these great beings of Light, and in each instance, they bring Light energy for us and ask us to do the same for others. Because it is through the Light work that we feel we will raise up the world.

Since this is truly a planet-wide effort, we will also request assistance from the tall and ancient trees of the forest and those amazing mammals and fish from the seas. These beings are very concerned for the Earth's welfare and will also contribute their Light.

And let's not forget about the fairies, devas, unicorns, elementals and other amazing forces of nature. The plant and animal kingdoms will also help, as will any other beings from different dimensions that understand and work with the Light.

Of course, it is really us joining them because they have been sending their Light to the planet for thousands of years. It is truly a beautiful thing to behold to see these majestic trees and joyful, playful dolphins send healing Light to support their fellow beings on the planet. Now we can all work together!

### **Sample meditation for Mother Earth**

The following sample format is recommended to provide maximum impact during your meditation:

1. Prepare your space – Find a quiet place where you (and your children too, if they are participating) can focus without interruption. You might want to use candles, incense, flowers and uplifting music to help you create the right mood. You can also display pictures or figurines of angels, Buddha, Quan Yin, etc. If for whatever reason, you don't have a quiet, convenient place to meditate, you can still perform this effectively wherever you choose.
2. Establish protection - Surround yourself (and your children) in Archangel Michael's golden bubble of protective Light energy. I have found that it's very helpful to add additional layers (depending on what feels right for you), of pink (Uriel), silver (Raphael), white (Sananda), platinum (dolphins) and Zonalight (Enoch).

Ask for the angelic bodyguards and angels of protection. Imagine closing the "psychic door" behind your right ear to avoid tapping into negative thought patterns. Include any other techniques you might normally use.

Remind our children that they should always surround themselves in protective Light. Tell them that there is nothing to be afraid of, but we might compare it to wearing their helmet while riding their bike. Eventually, they will understand that when they connect with other dimensions they want to make sure they are connecting into positive energy.

3. Call for assistance – Taking turns with your children, call forth the angels of the Christ Light and crystal energies, the Archangels, the sisters of Light and the Madonnas (they help the children).

Ask your spiritual teachers and guides, and Ascended Masters to join you. Invite masters like Thoth, Jesus Sananda, Buddha, Quan Yin, Krishna, Melchizedek, Mary, Lady Athena and St. Germaine (and others as you wish).

Invite the great trees from across the globe and the whales, dolphins and other creatures from beneath the sea. Include workers of Light from the Animal Kingdom, as they have made it clear to me that they also work with the Light.

Welcome the Arcturians and other galactic Lightworkers, and those from the subterranean cities below. Invite the fairies, devas, unicorns (your children will really enjoy the opportunity to invite them) and elementals. Add anyone that will enhance your meditation for you. Ask and they will come!

4. Position the crystal pyramids – Throughout this meditation, the angels in charge of the crystal energies will position their special crystal pyramids in such a way as to cover the area of the entire planet. It is especially important that they cover the oceans, lakes, rivers and streams; anywhere there is a lot of water. These crystals will work like etheric satellites, and will help magnify the Light energies beyond their normal frequency before they reach their intended target.

The Lightworkers from the various dimensions will direct their Light with the intention of passing through these crystals.

To help our children visualize what we are doing, we might want to draw a picture of the Earth, as we would see it from outer space, and superimpose numerous, large, triangle shaped objects over the surface of the planet.

We should show our children how the Light energy will pass through the triangle shaped crystals and then descend to the Earth, blanketing the Earth with each Light. We also might want to use crayons, colored pencils or markers to show the different colors that will completely cover the surface of the Earth. We should do whatever we can to help them visualize what is happening.

5. Raise your consciousness – Imagine we are raising our consciousness to our Higher Self point, which is two feet above our head. We do this by imagining a point of light traveling straight up through our energy centers starting with our navel (emotional center) and passing through the heart center, throat center, mental center (forehead), and then on to our Higher Self point. We can say something like, “Heavenly Father, Holy Mother God, we raise our consciousness to your holy loving consciousness, that we can be one with you.”

6. Send the Light – Of course, it's good to allow our children to participate in this aspect of the meditation so they can learn how to send the Light effectively. As we normally would, we can choose to send any Light energy we wish. However, in this exercise, I would first send the Orange-Red Flame for purification of the entire planet and especially the large bodies of water that contain the Earth's entire collective consciousness.

As we send the Light, say, "We ask in the name and by the authority of Lord Christ, that Archangel Michael and the holy Angels of Purification, and all other angels of Light, send down this purifying energy."

"And we ask our holy Spiritual Teachers and Guides, and the Ascended Masters present, to also magnify this holy Light. And let all the great trees and the Animal Kingdom of the Earth, and the whales, dolphins and creatures of the oceans, also send this important purifying energy."

"We ask the galactic Lightworkers from their great Light ships land bases, those from the subterranean cities from the center Earth, and the many fairies, devas, elementals and all other faithful Lightworkers, now send Archangel Michael's Orange-Red Flame of purification to the targeted areas throughout the Earth. "

"And let this Orange-Red Flame flow very powerfully through the various crystal objects placed so carefully above the Earth, and let it magnify and enhance the Light, as the energies enter and fill all areas of the planet. Let the Light touch into the oceans, lakes and rivers, and all bodies of water. Let it also flow into the dry lands, including the mountains, plains, jungles and deserts, until it completely covers Mother Earth."

"Let it break up and dissolve any dark and negative energy that exists within the collective consciousness, and let it dissolve and eradicate any energies of fear, anger and hatred that exists caused from improper and unloving thoughts, communications and activities."

7. Visualize the process – As the Light is sent, imagine it flowing from our homes and all the great Light beings through the crystal pyramids hovering over the Earth. Than 'see' the Light magnifying through the crystals and completely covering the surface of the planet until the Earth has changed to a bright orange-red color.

Then imagine all the negative energies being dissolved forever, never to return, leaving the planet completely purified.

8. Closing - Along with your children, Thank God and close with something like, "Heavenly Father, Holy Mother, we thank you for this special purification for the planet, and we know that this is so, and so will it always be for our Earth!"

### **Continue with additional Light Energies**

After the Orange-Red Flame, you should consider sending the following Light energies:

- Gabriel's Blue-White Fire for new healing energy and a fresh spark of life force.
- The dolphins provide the Platinum Ray for healing, purifying and clearing karma.
- Michael's Orange Ray of joy, enthusiasm and happiness.
- Uriel's Pink Ray for love, compassion, mercy and forgiveness.
- Gabriel's Green Ray for balance, harmony, cooperation and patience.
- Gabriel's Turquoise Ray for prosperity, abundance and supply.
- Gabriel's Indigo Ray for spiritual strength and endurance.
- Lord Christ's White Ray for purity, humility, illumination, holiness and protection.
- St. Germaine's Violet Flame for holiness will make it more difficult for the negative energies to regain a foothold.
- Uriel's Purple Ray of peace has a calming, relaxing effect.
- Enoch's 8<sup>th</sup> dimensional Zonalight to raise the Earth's vibration.
- Michael's Golden Ray of wisdom, confidence, faith, courage and protection.

As with all the meditations, we can adapt this sample template and make it as long or as short as we like, for the sake of our schedule or our children's attention span. However, for the planet's sake, I recommend that we do this regularly, and with as many of the Light energies as possible. My children and I usually complete this meditation with each of the energies listed in about 30 minutes or less.

The effort and investment is well worth your time, and the planet and its various 'stakeholders' seem to appreciate anything we can do to help. Just as I've received special acknowledgments from several of my colleagues from different dimensions for performing this meditation, don't be surprised if you too receive a special visitor in the early morning hours to thank you for your loving support.